

Semester VI

Paper		Total Marks		Distribution of marks mid and end semester			
		FM	PM	Mid-semester		End-semester	
				FM	PM	FM	PM
Clinical Psychology	C-13.T	75	40%	20% of total marks	40%	80% of total marks	40%
Counseling Psychology	C-14.T	75	40%	20% of total marks	40%	80% of total marks	40%
Practical - I	C-13&14P	50	40%	20% of total marks	40%	80% of total marks	40%
Human Resource Management	DSE-3.T	75	40%	20% of total marks	40%	80% of total marks	40%
Community Psychology	DSE-4.T	75	40%	20% of total marks	40%	80% of total marks	40%
Practical - II	DSE-3&4.p	50	40%	20% of total marks	40%	80% of total marks	40%

Clinical Psychology

Time: 3 Hours

*Full Marks: 60
(for end semester)*

Eight questions of equal value (i.e. 15 marks each) will be set, out of which four questions are to be answered. Question no.1 will be compulsory comprising 15 objective type questions covering the entire syllabus.

Unit 1: Schizophrenia:

- (a) Symptoms.
- (b) Types.
- (c) Etiology.
- (d) Treatment.

Unit 2: Mood Disorders:

- (a) Symptoms.
- (b) Type.
- (c) Etiology.
- (d) Treatment.

Unit 3: Personality Disorders :

- (a) Antisocial- Personality.
- (b) Borderline personality disorders.
- (c) Sexual disorders (Clinical Picture):
 - * Paraphilias.
 - * Gender Identity Disorder.
 - * Sexual Dysfunction.

Unit 4: Intervention and Management

- (a) Biological model.
- (b) Psychoanalytic model.
- (c) Cognitive model.
- (d) Behavioral model.

Reading List

Ahuja, N. (2011). A Short Textbook of Psychiatry (7th Ed.) New Delhi: Jaypee.

Barlow D.H. and Durand V.M. (2005). Abnormal Psychology: An Intergrated Approach (4th Ed.). New Delhi: Pearson Education.

Carson R.C., Butcher, J.N., Mineka, S, and Hooley J.M. (2007). Abnormal Psychology (13th Ed.). New Delhi: Pearson Education.

Kring, A.M., Johnson, L.L., Davison, G.C. and Neale, J.M. (2010). Abnormal Psychology (11th Ed.). New York: John Wiley.

Counseling Psychology

Time: 3 Hours

*Full Marks: 60
(for end semester)*

Eight questions of equal value (i.e. 15 marks each) will be set, out of which four questions are to be answered. Question no.1 will be compulsory comprising 15 objective type questions covering the entire syllabus.

Unit 1: Counseling Psychology.

- (a) Definition and nature.
- (b) Counseling as a profession-training, activities and professional ethics.
- (c) The effective counselor- Personality characteristics, skills, self of counselor.

Unit 2: Counseling Process.

- (a) Stages of counseling.
- (b) Assessment for counseling.

Unit 3: Counseling Theory and Techniques.

- (a) Individual counseling theory
- (b) Techniques-Psychoanalytic, Humanistic, Behavioral, Cognitive.
- (c) Group techniques.

Unit 4: Counseling Application.

- (a) Family and couples counseling.
- (b) School and Career counseling.
- (c) Workplace counseling.
- (d) Counseling for wellness.

Reading List:

Feltham, C and Horton, I. (2000). Handbook of Counseling and Psychotherapy. London: Sage.

Gibson, R.L. and Mitchell, M.H. (2003). Introduction to Counseling and Guidance (6th Ed.). New Delhi: Pearson India.

Gliadding, S.T. (2009). Counseling: A Comprehensive Profession (6th Ed.) New Delhi: Pearson India.

Misra, G. (Ed.) (2010). Psychology in India, (Volume 3). Clinical and Health Psychology. New Delhi: Pearson India.

Rao, S. (2002). Counseling and Guidance (2nd Ed.) New Delhi: Mc Graw Hill.

Practical - I

Time: 4 hours

Full Marks: 40

(for end semester)

Marks distribution; experiment – 15 each viva-voce- 5 N. B- 5

Four questions will be set out of which candidates be required to answer two questions.

1. Verbal General Intelligence Test by Joshi.
2. Verbal General intelligence test by Ram Naresh.
3. Emotional Maturity Scale by R.R. Tripathi.
4. Differential Personality Scale by Arun Kumar Singh

Reading List:

Suleman, M (2012). Manovigyan Mein Prayog aur Parikshan. Patna: Motilal Banarisidas.

Singh, A.K(2013). Uchhtar Manovigyanik Prayog aur Parikshan. Patna: Bharti Bhawan.

Human Resource Management

Time: 3 Hours

*Full Marks: 60
(for end semester)*

Eight questions of equal value (i.e. 15 marks each) will be set, out of which four questions are to be answered. Question no.1 will be compulsory comprising 15 objective type questions covering the entire syllabus.

Unit 1: Introduction to Human Resource Management (HRM):

Definition, aims, needs and importance of HRM.

Unit 2: Human Resource Practices:

Job analysis, recruitment and selection, training, performance evaluation.

Unit 3: Communication:

Types, Barriers, important communications skills.

Unit 4: Working Environment:

Importance of work environment, physical environment- Illumination, temperature, noise and atmospheric condition

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Reading List

Bhatnagar, J. and Budhwar, J . (2009). The Changing Face of People Management in India. London: Routledge.

Briscoe, D. R., Schuler, R. S. and Claus, L. (2009). International Human Resource Management: Policies and Practices for Multinational Enterprises (3rd Ed). New York: Routledge.

DeCenzo, D. A nd Robbins, S.P. (2006). Fundamentals of Human Resource Management (8th Ed). New York: Wiley.

Harzing, A.W.K. and Pennigton, A. (2011). International Human Resource Management. New Delhi: Sage publications.

Khandelwal, K.A. (2009). In search of Indianess: Cultures of Multinationals. New Delhi: Knnishka Publishers.

Suleman and Choudhary (2000). Sangathnatmak Manaligyan Patna: Motilal Banarsidas.

Singh, N. Human Resource management. New Delhi: University science press.

Community Psychology

Time: 3 Hours

*Full Marks: 60
(for end semester)*

Eight questions of equal value (i.e. 15 marks each) will be set, out of which four questions are to be answered. Question number one will be compulsory comprising 15 objective type questions covering the entire syllabus.

Unit 1: Historical and Social contexts of Community Psychology: Concept, evolution and nature of community mental health.

Unit 2: Models of mental health services: mental, social, organizational and ecological.

Unit 3: Community mental health, intervention and community based rehabilitation. Issues, principles and programmes, evaluation of CBR, training, the Para - professional and non-professionals.

Unit 4: Community mental health in India: Issues and challenges.

Reading List:

Bloom, B. (1973). Community Mental Health – A critical analysis. New Jersey. General Learning Press.

Koch, C.H (1986) (ed.). Community Clinical Psychology. London: Croom Helm.

Mann, P.A. (1978). Community Psychology: Concepts and Application. New York: The Free Press. Rappaport, J. (1977). Community psychology: Values Research and Action. New York: Holt, Reinhart and Wingston.

Singh, A.K. (2012). Adhunik Asamnya Manovigyan (Motilal Banarsi Das).

Singh, A.K. (2012). Uchatar Naidanik Manovigyan (Motilal Banarsi Das).

Practical - II

Time: 4 hours

*Full Marks: 40
(for end semester)*

Marks distribution; experiment - 15 viva-voce- 5 N. B- 5

Four questions will be set out of which candidates be required to answer two questions.

1. Eysenck Personality Questionnaire.
2. Allport Vernon Lindsley Scale of Value.
3. Edward Personal Preference Schedule.
4. Tripathi Personal Preference Scale.

Reading List:

Suleman, M. (2012). *Manovigyan Mein Prayog aur Parikshan*. Patna: Motilal Banarisidas.

Singh, A.K. (2011). *Uchhtar Manovaigyanik Mein Prayog aur Parikshan*. Patna: Bharti Bhawan.